

What to Expect Once Your Surgery is Scheduled

Pre-Admission Testing

The pre-admission testing appointment allows us to complete any additional lab work and collect the patient's medical information. There is also an opportunity to meet with the anesthesia provider. This appointment is either done the day before surgery or up to 3 weeks before surgery.

Recovery Period

The recovery period varies greatly among patients. Light-duty activities are permissible after 1 month. Full-duty activities are permissible as early as 3 months. It is not unusual for recovery to be lengthy as nerves are slow to heal.

Follow-up Care

For out-of-town patients: a post-op appointment is necessary just prior to traveling home. A follow-up phone call is required within 3 weeks after surgery.

For in-town patients: A post-op appointment is necessary 3 weeks after surgery.

All patients will have an MRI of the surgery site 3, 6 and 12 months after surgery. Patients are encouraged to contact us with any post-operative questions or concerns.

Office Visit

The office consultation is to obtain or confirm the patient's medical history and physical exam. The patient and the doctor will have the opportunity to discuss the diagnosis and treatment options and address any questions or concerns. Patients may bring a family member or friend to this appointment.